The study of lived experience was for a long time considered a bad career move, but recently this situation seems to be changing. There seems to be a growing interest and correspondingly a growing body of research in the field of empirical phenomenology (or first-person inquiry). This rise in interest seems to have caught the CogSci community.

The workshop will begin with the lecture, covering some history, the recent development, basic epistemological issues and methodological solutions of this area of research. Afterwards, a selection of most used and/or most promising research techniques, currently used for research of lived human experience, will be introduced. Time and enthusiasm permitting, we will try some of the techniques. The workshop will end with a short disposition and discussion on the possibilities of use of introspection as a technique for researching consciousness. The last part is especially important for those, intending to take up a phenomenological project within the mobility semester in Ljubljana.